WHAT IS STAGGERED REST DAYS?
In pre-COVID days, most workers rest on Sunday. Staggered rest days is a new measure by MOM and BCA to spread out the number of workers exiting their dormitories for non-work purposes more evenly across the week. This is necessary to minimize the risk of cross-infections during the COVID-19 pandemic, and it requires all of us to adopt new practices to protect our built environment workforce, our families, and the larger community as a whole. Staggered rest days will apply to all Work Permit and S Pass holders hired under Construction accounts.

WHAT IS MY REST DAY?
- SUNDAY
   Firms are strongly encouraged to select a rest day between Monday to Saturday, if it is feasible for your worker to rest regularly on another day.

WHAT DO I NEED TO DO?
From 19 August 2020 onwards, firms who have been approved to start work will receive notifications from BCA on their rest day.

1. Look out for BCA’s email titled “Staggered Rest Days for Your Workers”
2. Log on to MOM’s Safe@Work system
3. Verify the rest days are correct for workers deployed full time to project site
4. Select a rest day between Monday to Saturday
   For workers deployed part-time to construction sites OR not deployed to construction sites
5. Inform workers on the rest day arrangement
6. Implement new rest day within one month of notification

For more clarifications, please go to https://www1.bca.gov.sg/COVID-19/faqs

* Firms can self-select Monday to Friday on MOM’s Safe@Work system. To choose Saturday as rest, please submit an appeal to BCA at FormSG.

Note: Please note that you will not be able to select Sunday in the system if you wish to change the rest day back to Sunday subsequently.

BCA for queries on rest day assignments at bca.gov.sg/feedbackform/
MOM for queries on Safe@Work system at www.mom.gov.sg/feedback-safework
Visit BCA’s website at www1.bca.gov.sg/COVID-19
Subscribe to BCA’s Telegram channel at www.t.me/BCASingapore